

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****Girls 100 Meter Dash**

MCAL Meet: R 11.94 2011		Lilla McMillan, Tamalpais				
Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Kohn, Nava	9 Redwood	13.04	13.29Q	NWI	1
2	Emunah, Melea	12 Branson	13.14	13.39Q	NWI	2
3	Mullan, Sophie	10 Tam	13.34	13.65Q	NWI	3
4	Blantz, Phoebe	10 Sir Francis Drake	13.74	13.89Q	NWI	4
5	Carulido, Lilly	9 Redwood	13.78	13.82q	NWI	3
6	Reznik, Nicole	11 Terra Linda	13.36	13.93q	NWI	4
7	Saura, Rhea	12 Sir Francis Drake	13.54	13.97q	NWI	1
8	McCormick, Lauren	11 Marin Catholic	13.44	14.09q	NWI	3
9	Lin, Mikayla	9 Tam	13.53	14.16q	NWI	2
10	Matcham, Hannah	9 Marin Catholic	13.34	14.23	NWI	4
11	Tyler, Shelby	12 San Marin	13.84	14.23	NWI	2
12	Travers, Lily	9 Tam	13.84	14.29	NWI	1
13	Dunn, Elsa	9 Novato	14.00	14.36	NWI	3
14	Fletcher, Charlotte	9 Branson	13.91	14.41	NWI	1
15	Comer, Gigi	10 Tam	13.61	14.42	NWI	2
16	Burger, Payton	10 Marin Catholic	13.74	14.46	NWI	4
17	Patel, Sage	9 Novato	14.20	14.65	NWI	3
18	Sullivan, Claire	9 Justin Siena	14.04	14.66	NWI	4
19	Michaelis, Naomi	11 San Marin	14.70	14.78	NWI	3
20	Nelson, Emma	11 Branson	13.99	15.01	NWI	2
21	Strub, Nicole	10 Redwood	14.04	15.06	NWI	4
22	Levin, Malia	11 Terra Linda	14.54	15.26	NWI	1
23	Ortiz, Chloe	11 San Rafael	14.91	15.36	NWI	4
24	Lynch, Kyra	10 Marin Catholic	14.44	15.56	NWI	2

Girls 200 Meter Dash

MCAL Meet: R 24.89 2012		Lilla McMillan, Tamalpais				
Name	Year	School	Seed	Prelims	Wind	H#
1	Kohn, Nava	9 Redwood	26.66	27.24Q	NWI	1
2	Johnson, Charlotte	10 Tam	26.91	27.90Q	NWI	3
3	Weis, Josephine	10 Justin Siena	27.79	28.30Q	NWI	4
4	Emunah, Melea	12 Branson	28.28	28.49Q	NWI	2
5	O'Dell, Maggie	11 San Rafael	29.07	28.84q	NWI	1
6	Hadfield, Chloe	11 Marin Catholic	28.14	28.95q	NWI	2
7	Wearing, Katy	12 Sir Francis Drake	27.04	28.96q	NWI	4
8	Brockman, Caroline	12 Marin Catholic	28.29	29.16q	NWI	3
9	Carulido, Lilly	9 Redwood	28.34	29.21	NWI	4
10	Reznik, Nicole	11 Terra Linda	28.28	29.43	NWI	1
11	Jones, Sophia	9 Marin Catholic	29.04	29.45	NWI	1
12	Matcham, Hannah	9 Marin Catholic	29.24	29.62	NWI	2
13	Phillips, Mikayla	10 Tam	28.74	30.12	NWI	3
14	Blantz, Phoebe	10 Sir Francis Drake	30.04	30.17	NWI	1
15	Sebastian, Daniella	11 Sir Francis Drake	29.94	30.33	NWI	2
16	Travers, Lily	9 Tam	29.74	30.64	NWI	4
17	Blazei, Ella	9 Redwood	29.40	30.82	NWI	3
18	Fletcher, Charlotte	9 Branson	30.95	31.10	NWI	1
19	Wines, Abby	9 Branson	29.79	31.25	NWI	3
20	Nelson, Emma	11 Branson	31.12	31.46	NWI	2
21	Goetz, Emily	9 San Marin	32.14	32.45	NWI	4

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****Girls 400 Meter Dash**

=====					
MCAL Meet: R 57.14		1979	Alesia Sweeney, Tamalpais		
Name	Year	School	Seed	Prelims	H#
=====					
1	Massey-Blake, Jacqueline	11	Redwood	1:01.24	1:02.09Q 1
2	Brockman, Caroline	12	Marin Catholic	1:01.71	1:02.74Q 2
3	Weis, Josephine	10	Justin Siena	1:01.90	1:03.20Q 3
4	Wearing, Katy	12	Sir Francis Drake	1:04.04	1:03.42q 3
5	Rockwell, Noel	10	Sir Francis Drake	1:03.34	1:03.67q 1
6	Janetos, Emlen	11	Tam	1:02.44	1:03.96q 3
7	Dillon, Maegen	11	Branson	1:03.13	1:04.10q 2
8	Tallerico, Isabel	11	Redwood	1:04.72	1:04.76q 3
9	Holland, Maya	9	Redwood	1:07.97	1:05.73 1
10	Wines, Abby	9	Branson	1:05.04	1:05.82 1
11	Schwartz, Danieal	10	Redwood	1:05.64	1:06.07 1
12	Mitchell, Nell	12	Tam	1:06.94	1:06.42 2
13	Jones, Sophia	9	Marin Catholic	1:07.22	1:06.96 1
14	Saccardi, Natasha	11	Terra Linda	1:06.42	1:07.31 3
15	Troppy, Gianna	10	Justin Siena	1:05.50	1:08.04 2
16	Johnson, Charlotte	10	Tam	1:03.74	1:08.51 1
17	O'Dell, Maggie	11	San Rafael	1:10.45	1:09.72 2
18	Muirhead, Brianna	11	San Rafael	1:12.35	1:11.42 3

Girls 800 Meter Run

=====					
MCAL Meet: R 2:14.40		1979	Eileen Brennan, Marin Catholic		
Name	Year	School	Seed	Prelims	H#
=====					
1	Wagner, Gillian	11	Redwood	2:13.28	2:24.39Q 1
2	Miekley, Kate	12	Tam	2:19.90	2:27.68Q 2
3	Tanel, Lauren	11	Tam	2:31.35	2:25.08Q 1
4	Dailey, Grace	11	Branson	2:17.56	2:27.75Q 2
5	Chau, Hannah	11	Justin Siena	2:29.85	2:29.33Q 2
6	Kivela, Ariel	12	Justin Siena	2:23.00	2:29.45Q 1
7	McKillop-Herr, Shannon	12	Sir Francis Drake	2:29.79	2:29.85q 1
8	McWhorter, Sophia	11	Redwood	2:32.00	2:30.36q 2
9	Teel, Sarah	11	San Marin	2:36.00	2:30.75q 1
10	Phillips, Olivia	12	Tam	2:31.34	2:31.87q 1
11	Miller, Zoe	11	Sir Francis Drake	2:30.84	2:33.71q 2
12	Weisel, Anna	10	Branson	2:37.91	2:35.82q 1
13	Boyce, Veronica	11	Marin Catholic	2:41.74	2:40.53 2
14	Locke, Samantha	11	Tam	2:35.25	2:43.37 2
15	Goldstein, Alex	11	Marin Catholic	2:40.65	2:45.69 2
16	Avila, Meddeley	12	San Rafael	2:50.14	2:47.77 2
17	Stewart, Sophie	9	San Rafael	3:03.00	2:48.89 2
18	Robertson, Emma	9	San Marin	2:52.00	2:51.94 1
19	Fernandez, Kaila	10	Terra Linda	2:46.40	2:52.60 1
20	Laura, Jessica	11	Terra Linda	2:49.91	2:55.21 2
21	Stewart, Grace	9	San Rafael	3:03.00	2:56.85 1
22	Metzger, Natalie	11	San Marin	2:51.00	2:57.79 1
23	Powers, Taylor	11	Marin Catholic	3:02.39	2:58.42 2

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****Girls 1600 Meter Run**

=====						
MCAL Meet: R 4:54.48		2014	Julia Maxwell, Branson			
Name	Year	School	Seed	Prelims	H#	
=====						
1	Jones, Callie	10	Branson	5:05.72	5:22.60Q	1
2	Murphy, Glennis	12	Redwood	4:54.30	5:28.80Q	2
3	Wagner, Gillian	11	Redwood	4:52.74	5:22.61Q	1
4	Dailey, Grace	11	Branson	5:04.15	5:28.94Q	2
5	Miekley, Kate	12	Tam	5:15.64	5:23.29Q	1
6	Chau, Hannah	11	Justin Siena	5:22.40	5:31.57Q	2
7	McKillop-Herr, Shannon	12	Sir Francis Drake	5:29.10	5:28.76Q	1
8	Labeeuw-Anderson, Lizzie	12	Tam	5:26.34	5:35.42Q	2
9	Miller, Zoe	11	Sir Francis Drake	5:31.99	5:28.94q	1
10	Fogarty, Annie	12	Redwood	5:36.00	5:36.74q	2
11	Baxter, Emily	12	San Marin	5:38.00	5:36.75q	1
12	Steele, Lauren	9	Redwood	5:37.14	5:38.29q	1
13	Levaggi, Annika	12	Tam	5:36.52	5:43.36	2
14	Kennedy, Sara	10	Marin Catholic	5:44.52	5:48.02	2
15	Boyce, Veronica	11	Marin Catholic	5:46.34	5:48.55	2
16	Nast, Juliette	11	Justin Siena	5:56.24	5:53.31	1
17	Toole, Ellie	12	Tam	6:01.34	6:04.92	1
18	Tagliaferri, Alexa	10	Marin Catholic	6:05.24	6:07.71	2
19	Robertson, Emma	9	San Marin	6:08.80	6:08.33	1
20	Yoakum, Sophie	10	Terra Linda	6:04.99	6:08.58	2
21	Powers, Taylor	11	Marin Catholic	6:12.74	6:14.06	1
22	Metzger, Natalie	11	San Marin	6:28.00	6:38.49	2
23	Brneisen, Emily	10	Justin Siena	6:35.70	6:42.79	2

Girls 100 Meter Hurdles 33

=====						
MCAL Meet: R 14.34		1979	Alisha Sweeney, Tamalpais			
Name	Year	School	Seed	Prelims	Wind	H#
=====						
1	Ross, Lauren	10	Tam	15.64	16.55Q	-1.8 1
2	Stachowski, Zoe	11	Redwood	16.94	16.92Q	-2.7 3
3	Martin, Kendall	11	Justin Siena	16.86	17.29Q	-2.1 2
4	Kohlbrenner, Amy	12	Sir Francis Drake	17.14	17.40q	-2.1 2
5	Ferrell, Naomi	12	Tam	17.14	17.69q	-2.7 3
6	Hunt, Marilynn	10	San Marin	18.02	17.85q	-1.8 1
7	Boyd, Petra	9	Sir Francis Drake	17.64	18.25q	-1.8 1
8	Campbell, Catherine	11	Tam	17.24	18.26q	-1.8 1
9	Lin, Mikayla	9	Tam	18.14	18.41q	-2.7 3
10	James, Abby	11	Tam	18.04	18.41	-2.1 2
11	Peterson, Rachel	12	San Marin	18.04	19.35	-2.7 3
12	Davis, Leah	12	Novato	19.98	19.52	-2.1 2
13	Suh, Caroline	10	Tam	18.64	20.31	-2.7 3
14	Lease, Olivia	10	Branson	21.14	20.52	-1.8 1
15	Null, Zoe	9	San Marin	18.50	20.59	-2.1 2
16	Zipoli, Luna	10	Redwood	23.54	21.20	-2.1 2
17	Dillon, Abby	9	Branson	17.74	23.94	-2.1 2
--	Blaisdell, India	11	Terra Linda	18.38	DNF	-1.8 1

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****Girls 300 Meter Hurdles**

=====						
MCAL Meet: R 44.54		1984	Karen Brown, Drake			
Name	Year	School	Seed	Prelims	H#	
=====						
1	Ross, Lauren	10	Tam	46.95	48.69Q	1
2	Stachowski, Zoe	11	Redwood	49.74	49.07Q	2
3	Dillon, Abby	9	Branson	49.54	49.15Q	3
4	Kohlbrener, Amy	12	Sir Francis Drake	49.35	49.20q	2
5	Martin, Kendall	11	Justin Siena	49.54	49.55q	3
6	James, Abby	11	Tam	51.04	50.20q	2
7	Boyd, Petra	9	Sir Francis Drake	51.64	50.32q	1
8	Lin, Mikayla	9	Tam	50.84	52.08q	1
9	Campbell, Catherine	11	Tam	52.44	53.03	2
10	Ferrell, Naomi	12	Tam	51.91	53.08	3
11	Blaisdell, India	11	Terra Linda	54.99	54.23	1
12	Null, Zoe	9	San Marin	56.65	55.83	2
13	Hunt, Marilyn	10	San Marin	55.50	55.85	3
14	Turner, Natalie	12	Branson	57.34	57.09	1
15	Moser, Lily	11	Redwood	58.34	58.38	3
16	Zipoli, Luna	10	Redwood	56.50	59.71	3
17	Lease, Olivia	10	Branson	1:00.04	59.87	2

Girls 4x100 Meter Relay

=====						
MCAL Meet: R 48.64		1978	Tamalpais			
School			Seed	Prelims	H#	
=====						
1	Redwood 'A'		51.90	51.25Q	2	
2	Tamalpais Track and Field 'A'		51.44	51.39Q	1	
3	Marin Catholic 'A'		52.16	52.54q	2	
4	Sir Francis Drake 'A'		52.64	52.65q	1	
5	Justin Siena 'A'		52.24	52.79q	1	
6	Terra Linda 'A'		53.36	54.04q	2	
7	Novato 'A'		54.39	54.52q	1	
8	Branson 'A'		53.34	54.86q	2	
9	San Marin 'A'		54.64	55.62	1	

Girls High Jump

=====						
MCAL Meet: R 5-08		1980	Lisa Greenfield, Redwood			
Name	Year	School	Seed	Finals	Points	
=====						
Finals						
1	Prince, Alicia	11	Justin Siena	5-03.00	5-04.00	10
2	Clare, Vanessa	12	Redwood	5-04.00	5-00.00	7
2	Clare, Angela	12	Redwood	5-00.00	5-00.00	7
4	Wright, Izzie	12	Tam	4-10.00	J5-00.00	4
5	Troppy, Gianna	10	Justin Siena	4-10.00	4-10.00	2
6	Urban, Rosalie	12	San Marin	5-00.00	J4-10.00	1
7	Blair, Siena	9	Tam	4-08.00	4-06.00	
7	Corr, Jess	12	Terra Linda	4-08.00	4-06.00	
9	Holsher, Romy	11	Sir Francis Drake	4-04.00	J4-06.00	
10	Borge, Saani	12	Branson	4-06.00	4-04.00	
11	Beaton, Madeleine	10	Tam	4-02.00	J4-04.00	
12	Fox, Hallie	10	Redwood	4-06.00	4-02.00	
13	Steinberg, Emma	12	Tam	4-06.00	4-00.00	

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****Girls Pole Vault**

MCAL Meet: R 11-00 2015		Isabella DeBruin, Justin Siena				
Name	Year	School	Seed	Finals	Points	
1 Ross, Lauren	10	Tam	12-01.00	12-04.00R	10	
2 Simon, Brooke	10	Sir Francis Drake	11-00.00	10-06.00	8	
3 Weis, Josephine	10	Justin Siena	9-00.00	9-00.00	6	
4 Jensen, Edyn	12	Tam	8-06.00	8-06.00	4	
5 Tong, Brigitte	12	Tam	8-06.00	8-00.00	2	
6 Sullivan, Claire	9	Justin Siena	8-06.00	J8-00.00	1	
7 Morgan, Briehana	9	Tam	7-06.00	J8-00.00		
8 Nudd, Fiona	9	Sir Francis Drake	7-00.00	7-06.00		
9 Lipari-Maxson, Amanda	9	Sir Francis Drake	7-00.00	7-00.00		
9 Siegel-Zigmund, Dahlia	9	Sir Francis Drake	7-00.00	7-00.00		

Girls Long Jump

MCAL Meet: R 19-03.50 1979		Lisa Greenfield, Redwood				
Name	Year	School	Seed	Finals	Wind	Points
1 Clare, Vanessa	12	Redwood	16-03.50	15-09.00	NWI	10
2 Matcham, Hannah	9	Marin Catholic	15-09.00	15-06.50	NWI	8
3 Clare, Angela	12	Redwood	16-08.50	15-04.25	NWI	6
4 Burger, Lauren	9	Tam	14-05.50	15-01.75	NWI	4
5 Kelly, Carina	9	Tam	15-02.50	15-01.25	NWI	2
6 Blair, Siena	9	Tam	14-05.75	15-00.50	NWI	1
7 Sowerby, Kate	12	Tam	14-10.50	14-09.00	NWI	
8 Rossman, Sage	10	Branson	14-05.00	14-07.00	NWI	
9 Mitchell, Nell	12	Tam	14-08.50	14-04.00	NWI	
10 Schwartz, Danieal	10	Redwood	15-01.00	13-11.75	NWI	
11 Gutierrez, Nicole	11	San Marin	15-09.00	13-11.50	NWI	
12 Bakhshandeh, Layla	9	Tam	14-10.50	13-11.00	NWI	
13 Michaelis, Naomi	11	San Marin	15-00.00	13-10.50	NWI	
14 Comer, Gigi	10	Tam	15-03.75	13-07.25	NWI	
15 Kiyasu, Jenna	12	Branson	12-08.00	13-05.75	NWI	
16 Goetz, Emily	9	San Marin	12-06.00	13-04.00	NWI	
17 Goldstein, Alex	11	Marin Catholic	14-00.00	13-03.50	NWI	
18 Strub, Nicole	10	Redwood	14-02.00	13-02.00	NWI	
19 Null, Zoe	9	San Marin	13-07.00	13-00.25	NWI	
20 Santi, Isabella	10	Marin Catholic	13-08.00	12-06.50	NWI	
21 Ewry, Shauna	10	Redwood	12-09.00	11-08.25	NWI	
22 Lynch, Kyra	10	Marin Catholic	13-04.25	11-05.50	NWI	
-- Prince, Alicia	11	Justin Siena	15-07.00	DNF	NWI	

Girls Shot Put 4k

MCAL Meet: R 39-07.50 2014		Shajana Steele, Novato				
Name	Year	School	Seed	Finals	Points	
1 Kelemen, Laura	12	Sir Francis Drake	33-04.00	33-11.75	10	
2 Borge, Saani	12	Branson	31-05.00	33-00.50	8	
3 Anitoni, Maryanne	11	Justin Siena	34-01.00	32-07.25	6	
4 Bailey, Sarah	12	Novato	32-08.50	30-11.75	4	
5 Galodamu, Salomi	12	Terra Linda	28-10.75	28-04.50	2	
6 Holsher, Romy	11	Sir Francis Drake	25-05.50	28-01.00	1	
7 Stachowski, Zoe	11	Redwood	27-02.00	27-10.75		

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****....Girls Shot Put 4k**

8 Sweeney, Kat	11 Branson	27-05.00	27-05.00
9 Amador, Eunice	10 Terra Linda	31-11.75	27-04.00
10 Hake, Maddy	11 Redwood	29-08.00	27-01.25
11 Normandi, Iona	9 Sir Francis Drake	24-11.50	26-11.75
12 Chassman, Elise	11 San Marin	27-10.00	26-02.75
13 Cabrera, Helen	10 San Rafael	28-00.00	26-01.50
14 West, Jeanette	9 Sir Francis Drake	28-05.00	25-06.50
15 Rossman, Sage	10 Branson	23-09.00	24-11.50
16 Brown, Katie	10 Marin Catholic	25-05.00	24-08.25
17 Garcia, Christina	11 San Rafael	23-00.00	24-05.00
18 Shelton, Annie	11 Redwood	24-06.50	24-00.75
19 Locke, Samantha	11 Tam	24-00.50	21-04.50
20 Schiff, Aviva	12 Redwood	18-00.00	19-08.25
21 Katelanis, Emalia	10 Marin Catholic	20-10.00	18-11.00
22 Hirose, Kyoko	12 Branson	20-00.00	18-06.75
-- DiMare, Gina	11 Justin Siena	27-03.25	DNF

Boys 100 Meter Dash

MCAL Meet: R 10.74 1966 Dean Lazzarini, Drake

Name	Year	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Moreno, Anthony	10	Terra Linda	10.91	11.26Q	NWI	2
2 Juarez, Hunter	12	Marin Catholic	10.84	11.34Q	NWI	1
3 Nicholas, Aidan	10	Tam	11.31	11.51Q	NWI	4
4 Quaranta, Ken	12	Tam	11.44	11.65Q	NWI	3
5 Smith, Jordan	12	Tam	11.50	11.70q	NWI	1
6 Michaud, Christ	12	San Marin	11.29	11.76q	NWI	3
6 Sondheim, Jack	9	San Rafael	11.52	11.76q	NWI	1
8 Marino, Anthony	11	Marin Catholic	11.74	11.85q	NWI	1
9 Campbell, Kyle	12	Redwood	11.29	11.89q	NWI	4
10 Alcouffe, Julian	10	San Marin	11.61	11.91	NWI	2
10 Valinoti, Max	11	Marin Catholic	11.54	11.91	NWI	2
12 Say, Conrad	10	Justin Siena	11.59	12.02	NWI	4
13 Cummings, Parker	11	Sir Francis Drake	11.84	12.10	NWI	2
14 St. Jean, Benjamin	12	Justin Siena	11.71	12.19	NWI	1
15 Anitoni, Solomone	9	Justin Siena		12.22	NWI	3
16 Taylor, Brandon	11	Novato	11.82	12.24	NWI	4
17 Tantum, Henry	12	Redwood	11.64	12.29	NWI	3
18 DiMare, Marco	11	San Marin	11.99	12.36	NWI	1
18 Reales, Jose	9	Novato	12.15	12.36	NWI	1
20 Roberts, Brody	9	Terra Linda	11.84	12.44	NWI	3
21 Batt, Robert	11	Justin Siena	11.60	12.49	NWI	4
22 Burrous, Max	10	Redwood	11.50	12.49	NWI	2
23 Whitaker, Noah	9	Tam	11.94	12.60	NWI	2
24 Stephens, Gabriel	12	Redwood	11.90	12.65	NWI	4
25 Ross, Tim	12	Justin Siena	12.16	12.72	NWI	4
26 Barron, Spencer	12	Novato	12.01	12.73	NWI	2
27 Galvin, Kevin	10	Justin Siena	12.04	12.75	NWI	3
28 Denton, Bailey	11	Novato	12.83	12.94	NWI	2
29 McDermott, Ryan	10	San Marin	12.94	13.10	NWI	4
30 Orlandi, Jack	10	San Marin	13.14	13.13	NWI	2

MCAL League Championship Meet - 5/11/2017 to 5/13/2017

San Marin High School

Results - Trial

Boys 200 Meter Dash

MCAL Meet: R 21.63 2012		Danial Fortenko, Terra Linda				
Name	Year	School	Seed	Prelims	Wind	H#
1 Raymond, Conrad	12	San Marin	22.73	23.16Q	NWI	1
2 Nicholas, Aidan	10	Tam	23.01	23.55Q	NWI	3
3 Oliver, Aiden	11	Terra Linda	23.08	24.07Q	NWI	4
4 Sondheim, Jack	9	San Rafael	23.41	24.20Q	NWI	2
5 Quaranta, Ken	12	Tam	23.44	23.44q	NWI	1
6 Weber, Shaun	12	Terra Linda	23.34	23.64q	NWI	3
7 Valinoti, Max	11	Marin Catholic	23.51	24.10q	NWI	1
8 Marino, Anthony	11	Marin Catholic	24.10	24.41q	NWI	3
9 Tantum, Henry	12	Redwood	23.90	25.06	NWI	3
10 Beyene, Nahom	11	Terra Linda	24.14	25.17	NWI	4
11 Roberts, Brody	9	Terra Linda	24.97	25.37	NWI	4
12 Bollini, Rich	11	Branson	24.84	25.54	NWI	3
13 Barron, Spencer	12	Novato	25.82	25.63	NWI	1
14 Meirana, Kevin	9	Marin Catholic	25.04	25.64	NWI	4
15 Reales, Jose	9	Novato	25.91	25.69	NWI	2
16 Ross, Tim	12	Justin Siena	25.15	25.73	NWI	1
17 Dolinar, Aidan	10	Justin Siena	24.74	25.82	NWI	1
18 Burrous, Max	10	Redwood	24.80	26.09	NWI	2
19 Denton, Bailey	11	Novato	26.39	26.31	NWI	4
20 McDermott, Ryan	10	San Marin	25.94	26.54	NWI	2
21 Ross, T.J.	10	Redwood	26.24	26.59	NWI	3
22 Orlandi, Jack	10	San Marin	26.94	26.62	NWI	3

Boys 400 Meter Dash

MCAL Meet: R 48.94 1975		Jeff Metteer, San Marin				
Name	Year	School	Seed	Prelims		H#
1 Raymond, Conrad	12	San Marin	50.81	51.33Q		1
2 Glasser, Max	11	Marin Catholic	51.64	52.11Q		2
3 Watkins, Will	9	Tam	53.04	52.61Q		3
4 Quintero, Fernando	10	San Marin	52.54	52.86q		3
5 Brown, Peter	11	Marin Catholic	53.64	53.21q		1
6 Foehr, Ben	11	Terra Linda	54.33	53.48q		2
7 Affeltranger, Lukas	10	Tam	53.52	53.61q		2
8 Straschnov, Garrett	10	Redwood	54.30	53.84q		1
9 Diener, Jack	10	Marin Catholic	55.09	54.87		3
10 Eisinger, Andy	11	Sir Francis Drake	55.79	55.31		2
11 Dolinar, Aidan	10	Justin Siena	55.83	55.84		1
12 Waite, Owen	11	Sir Francis Drake	54.94	55.90		3
13 Mathys, Lars	9	Sir Francis Drake	56.95	56.38		1
14 Carr, Jack	11	Novato	57.54	56.64		1
15 Miller, Ashton	10	Sir Francis Drake	56.54	56.80		3
16 Malek, Benjamin	9	Redwood	58.80	57.03		3
17 Melancon, William	10	Justin Siena	56.49	57.12		3
18 Beyene, Nahom	11	Terra Linda	56.19	57.19		2
19 Martinez, Dominic	11	Terra Linda	55.94	57.68		1
20 Hoffman, Niko	9	Marin Catholic	57.77	57.90		2
21 Kalten, Emilio	10	Justin Siena	56.74	58.88		2

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****Boys 800 Meter Run**

MCAL Meet: R 1:53.60 1975 Ray Green, San Rafael						
Name	Year	School	Seed	Prelims	H#	
1 Thomas, Andrew	12	Redwood	1:57.90	2:00.26Q	1	
2 Harris, Nate	11	Tam	1:59.12	2:03.79Q	2	
3 Pompili, Nicco	10	Sir Francis Drake	2:00.90	2:03.34Q	1	
4 Neghasi, Mesgne	11	Tam	1:59.46	2:04.51Q	2	
5 Solomon, Zevon	12	Tam	2:01.84	2:04.05Q	1	
6 Thompson, Andrew	10	Marin Catholic	2:05.05	2:05.38Q	2	
7 Phipps, Matthew	10	Redwood	2:06.00	2:07.23q	1	
8 Wolford, Owen	9	Sir Francis Drake	2:04.05	2:07.57q	2	
9 Clark, Ryan	11	San Marin	2:08.00	2:07.96q	2	
10 Li, Christian	12	Terra Linda	2:10.11	2:08.19q	1	
11 Barkan, Amir	9	Sir Francis Drake	2:08.24	2:09.69q	2	
12 Maso, Leo	11	Terra Linda	2:06.74	2:10.71q	1	
13 Ben-Ora, Kelden	11	Terra Linda	2:13.98	2:10.88	2	
14 Gabrys, Jonathon	12	Terra Linda	2:17.41	2:12.13	2	
15 Quintero, Fernando	10	San Marin	2:09.02	2:12.47	1	
16 Diener, Jack	10	Marin Catholic	2:13.84	2:13.03	2	
17 Mazarigos, Eduardo	10	San Rafael	2:16.00	2:13.41	1	
18 Vaziri, Cameron	12	Justin Siena	2:15.40	2:15.05	1	
19 Raymond, Bryand	11	San Rafael	2:18.14	2:17.50	2	
20 Nolan, Cooper	9	Redwood	2:22.84	2:19.88	2	
21 Mogilnicki, Adam	11	Redwood	2:28.24	2:24.15	2	
22 Allen, Patrick	11	Sir Francis Drake	2:19.84	2:25.36	1	
23 Smith, Alex	12	San Marin	2:45.00	2:44.60	1	

Boys 1600 Meter Run

MCAL Meet: R 4:08.54 2010 Erik Olson, Novato						
Name	Year	School	Seed	Prelims	H#	
1 Thomas, Andrew	12	Redwood	4:17.06	4:34.98Q	2	
2 Anderson, Liam	10	Redwood	4:14.79	4:37.36Q	1	
3 Martinez, Zach	11	Redwood	4:27.43	4:42.08Q	3	
4 Rumon, Lyle	9	Marin Catholic	4:36.44	4:37.50Q	1	
5 Conant, James	12	Redwood	4:36.99	4:37.71Q	2	
6 Kabbara, Munir	11	San Rafael	4:21.77	4:42.21Q	3	
7 Converse, Ian	11	Marin Catholic	4:36.49	4:37.51Q	1	
8 Reilly, Sam	12	Sir Francis Drake	4:31.40	4:37.86Q	2	
9 Johnson, Neil	12	Tam	4:37.02	4:42.38Q	3	
10 Law, Paul	9	Tam	4:39.74	4:37.74q	1	
11 Weisert, Jake	10	Tam	4:50.04	4:38.69q	2	
12 Clark, Ryan	11	San Marin	4:40.60	4:40.03q	1	
13 Wolford, Owen	9	Sir Francis Drake	4:37.54	4:45.45	3	
14 McCormack, Evan	11	Terra Linda	4:46.36	4:46.93	3	
15 Patel, Austin	10	Redwood	4:53.28	4:50.64	1	
16 Phipps, Matthew	10	Redwood	4:43.16	4:51.20	2	
17 Le, Alex	10	Branson	4:54.04	4:51.28	1	
18 Barkan, Amir	9	Sir Francis Drake	4:45.73	4:52.81	3	
19 Fieber, Jason	12	Redwood	4:54.79	4:52.87	3	
20 Miller, Joey	12	San Marin	4:55.00	4:53.64	3	
21 Laura, Jacob	12	Terra Linda	4:54.24	4:54.84	2	
22 Buessing, Jonah	10	Tam	4:59.94	4:57.69	1	
23 Brown, Parker	10	Marin Catholic	4:58.14	4:57.97	2	

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****....Boys 1600 Meter Run**

24 Bose, Deven	10	Justin Siena	4:58.32	4:58.03	3
25 Kehrllein, Vinnie	10	Sir Francis Drake	4:56.24	4:58.88	1
26 Thomas, Blake	11	Marin Catholic	4:58.84	5:01.31	2
27 Goltz, Eric	9	Redwood	4:58.44	5:02.02	3
28 Roberts, Kai	9	Terra Linda	4:57.24	5:02.46	1
29 Stewart, Eli	12	San Rafael	5:00.14	5:03.43	1
30 Raymond, Bryand	11	San Rafael	5:05.14	5:03.74	3
31 Quintero, Joshua	10	Terra Linda	5:05.24	5:07.44	3
32 Vaziri, Cameron	12	Justin Siena	4:55.74	5:10.13	2
33 Driscoll, Michael	10	San Rafael	5:09.00	5:12.44	2
34 Reder, Calvin	10	Novato	5:04.90	5:15.14	2
35 Maxwell, James	11	Branson	5:19.65	5:15.69	1
36 Zingkhai, Yuimi	11	Novato	5:15.00	5:18.12	1
37 Damato, Ryan	12	San Marin	5:30.00	5:29.44	2
38 McAlister, Max	9	Justin Siena	5:43.63	5:45.16	3

Boys 110 Meter Hurdles 39

MCAL Meet: R 14.49 2002		Gulliver Perry, Terra Linda				
Name	Year	School	Seed	Prelims	Wind	H#
1 Herrerias, Max	12	Novato	15.95	15.98Q	-1.9	2
2 Gagne, Forrest	12	Sir Francis Drake	16.54	16.41Q	-1.3	1
3 Krizek, Matyas	12	Terra Linda	16.02	16.80Q	-1.3	3
4 Ashe, Aidan	11	Terra Linda	15.78	16.47q	-1.3	1
5 Mispagel, Landon	10	Justin Siena	16.47	17.56q	-1.3	3
6 Johnson, Kobe	10	Terra Linda	16.14	17.78q	-1.9	2
7 Niu, Michael	10	Terra Linda	17.61	17.85q	-1.3	1
8 McCarthy, Connor	12	Sir Francis Drake	18.34	17.95q	-1.9	2
9 Tull, Zach	11	Redwood	18.56	18.18q	-1.3	3
10 Caindec, Kalani	11	Redwood	18.43	18.53	-1.3	3
11 Martel, Reed	9	Sir Francis Drake	19.44	19.09	-1.9	2
12 Kfourri, Jonathan	11	San Rafael	20.63	20.01	-1.9	2
13 Washington, Marlon	11	Justin Siena	18.46	20.44	-1.9	2
14 Morgain, Paris	10	San Marin	18.72	20.46	-1.3	1
15 Knight, Jordan	12	Tam	19.94	20.77	-1.3	3
16 Hall, Cedric	9	Marin Catholic	20.64	21.37	-1.3	3
17 Arias, Noah	9	Redwood	21.96	21.90	-1.3	1

Boys 300 Meter Hurdles

MCAL Meet: R 39.11 2014		August Kiles, Tamalpais				
Name	Year	School	Seed	Prelims	H#	
1 Herrerias, Max	12	Novato	40.57	41.99Q	1	
2 Krizek, Matyas	12	Terra Linda	42.22	43.00Q	2	
3 Applegarth, Wes	9	Terra Linda	43.53	43.36Q	3	
4 Mispagel, Landon	10	Justin Siena	45.20	43.78q	3	
5 Ashe, Aidan	11	Terra Linda	44.54	44.15q	1	
6 Petras, Spencer	11	Marin Catholic	44.54	45.19q	2	
7 Johnson, Kobe	10	Terra Linda	43.94	45.51q	2	
8 Tull, Zach	11	Redwood	45.56	45.56q	2	
9 McCarthy, Connor	12	Sir Francis Drake	45.14	46.09	3	
10 Affeltranger, Lukas	10	Tam	43.94	46.11	3	
11 Morgain, Paris	10	San Marin	47.57	47.94	1	

MCAL League Championship Meet - 5/11/2017 to 5/13/2017**San Marin High School****Results - Trial****....Boys 300 Meter Hurdles**

12 Caindec, Kalani	11 Redwood	48.50	48.97	3
13 Kfourri, Jonathan	11 San Rafael	48.85	49.98	2
14 Washington, Marlon	11 Justin Siena	45.94	50.19	1
15 Gerner, Ben	9 Marin Catholic	49.04	51.18	3
16 Poduval, Achinthya	9 Redwood	51.10	53.08	2

Boys High Jump

MCAL Meet: R 7-00 1989 Jim O'Sullivan, Drake

Name	Year School	Seed	Finals	Points
Finals				
1 Nasyir, Sa'ud	10 Sir Francis Drake	5-10.00	5-10.00	10
2 Landreth, Connor	10 Sir Francis Drake	5-08.00	J5-10.00	8
3 Braun, Milo	9 Sir Francis Drake	5-08.00	J5-10.00	6
4 Weber, Shaun	12 Terra Linda	6-00.00	5-08.00	4
5 Niu, Michael	10 Terra Linda	5-10.00	J5-08.00	2
6 Fricke, Shane	10 Redwood	5-10.00	J5-08.00	1
7 Swenson, Corey	12 Terra Linda	5-10.00	J5-08.00	
8 Cooke, Gaven	9 Marin Catholic	5-06.00	5-06.00	
8 Edwards, Rylan	11 Sir Francis Drake	5-04.00	5-06.00	
10 Neiman, Eli	10 Redwood	5-06.00	5-04.00	
11 Wade, Brian	9 Redwood	5-06.00	J5-04.00	
11 Wood, Zach	9 Redwood	5-04.00	J5-04.00	
-- Roth, Josh	10 Marin Catholic	5-00.00	NH	
-- Dolinar, Aidan	10 Justin Siena	5-02.00	NH	
-- Fouts-Reppun, Raven	9 Novato	5-06.00	NH	

Boys Long Jump

MCAL Meet: R 23-08.25 1978 Stacy Bailey, Terra Linda

Name	Year School	Seed	Finals	Wind	Points
1 Sacks, Ryan	12 Tam	20-11.50	20-10.75	NWI	10
2 Smith, Jordan	12 Tam	20-03.00	19-08.25	NWI	8
3 Ramos, Inua	12 Sir Francis Drake	20-09.50	19-06.25	NWI	6
4 Krizek, Matyas	12 Terra Linda	19-06.50	19-06.00	NWI	4
5 Wight, Jack	11 Marin Catholic	18-08.50	18-11.75	NWI	2
6 Gagne, Forrest	12 Sir Francis Drake	19-01.50	18-08.50	NWI	1
7 Neiman, Eli	10 Redwood	19-07.00	18-06.00	NWI	
8 Medina, Roberto	11 Justin Siena	17-10.00	18-05.75	NWI	
9 Bleckman, Luke	9 Tam	18-06.00	J18-05.75	NWI	
10 Oliver, Aiden	11 Terra Linda	19-08.25	18-04.00	NWI	
11 Oprendek, Liam	11 Marin Catholic	18-02.00	18-03.00	NWI	
12 Reade, Nick	12 Tam	17-10.00	18-02.00	NWI	
13 Hoban, Blake	9 Justin Siena	18-10.50	17-06.25	NWI	
14 Mispagel, Landon	10 Justin Siena	19-01.00	17-05.25	NWI	
15 Nygen, Kyle	12 Novato	17-00.00	17-04.25	NWI	
16 Cooke, Gaven	9 Marin Catholic	18-04.50	17-02.25	NWI	
17 Bollini, Rich	11 Branson	17-01.00	17-02.00	NWI	
18 Stephens, Gabriel	12 Redwood	18-01.00	16-10.00	NWI	
19 Burrous, Max	10 Redwood	17-01.75	16-09.75	NWI	
20 Toy Grace, Caius	9 Tam	17-07.00	16-09.00	NWI	
21 Wood, Zach	9 Redwood	17-00.00	16-07.75	NWI	
22 Cunniffe, Dylan	12 Sir Francis Drake	16-07.00	16-06.50	NWI	

MCAL League Championship Meet - 5/11/2017 to 5/13/2017

San Marin High School

Results - Trial

...Boys Long Jump

23 Meirana, Kevin	9 Marin Catholic	17-04.00	16-06.00	NWI
24 Orlandi, Jack	10 San Marin	16-04.00	16-03.50	NWI
25 Carbullido, Marco	9 Redwood	17-06.25	15-08.75	NWI
26 Lowe, Greg	11 Justin Siena	17-03.00	15-07.25	NWI
-- Dennis, Nico	12 San Marin	18-03.00	DNF	NWI
-- Machado, Daniel	12 San Rafael	17-02.75	DNF	NWI

Boys Shot Put 12 lb

MCAL Meet: R 56-09 1981		Ken Flax, Redwood			
Name	Year	School	Seed	Finals	Points
1 Martel, Luke	12	Sir Francis Drake	43-02.00	42-00.00	10
2 Roesner, Mack	11	Marin Catholic	39-07.00	41-09.75	8
3 Yerington, Isaac	12	Tam	40-00.00	39-10.75	6
4 Karch, Joseph	11	Justin Siena	41-10.00	J39-10.75	4
5 Park, Daniel	11	Tam	40-09.00	39-04.50	2
6 Sekona, Jamar	9	Tam	38-11.00	39-01.25	1
7 Carr, Colton	11	Novato	38-05.50	38-04.00	
8 Jacobs, Oliver	11	Branson	38-10.00	38-00.25	
9 Alvarado, Darwin	10	Novato	33-08.00	37-08.00	
10 Parra, Jesus	12	San Rafael	39-00.00	36-01.00	
11 Garza, Miguel	11	Novato	35-04.00	35-10.75	
12 Media, Bryan	12	Novato	33-09.00	35-08.00	
13 Brown, Peter	11	Marin Catholic	34-10.00	34-03.75	
14 De Leon, Jonathan	11	Terra Linda	35-03.50	33-08.25	
15 Mulcahy, Matthew	12	Redwood	31-03.50	33-06.50	
16 Duron, Javier	12	Justin Siena	39-02.00	33-05.50	
17 Steccone, Mark	12	Sir Francis Drake	33-04.00	33-01.50	
18 Hodge, Keileon	11	Terra Linda	36-06.00	32-11.50	
19 Morris, Gibson	11	Branson	33-02.00	32-07.50	
20 Lubamersky, Liam	9	San Rafael	32-00.00	31-07.50	
21 Oprendek, Liam	11	Marin Catholic	31-05.50	31-00.75	
22 Maahs, Michael	9	San Marin	32-00.00	30-07.00	
23 Arensmeyer, Will	12	Redwood	30-02.00	29-10.75	
24 Lauchly, Conner	12	Redwood	30-09.00	29-06.25	
25 Lubamersky, Aidan	9	San Rafael	31-00.00	29-03.25	
26 Wirth, Jack	11	Marin Catholic	31-04.00	29-02.50	
27 Gonzales, Jonas	9	Justin Siena	29-07.50	28-03.75	
28 Ross, Tj	10	Redwood	28-08.00	28-00.25	
29 Nallicheri, Armaan	12	Branson	28-03.00	27-02.00	
30 Tupou, Billy	9	San Rafael	28-00.00	26-07.25	
31 Martinelli, Jack	11	Tam	32-04.00	25-01.50	
32 Bertani, Dylan	9	Justin Siena	27-01.00	23-11.25	
-- Peters, Matt	11	Terra Linda	36-08.00	DNF	
-- Encarnacion, John	12	Terra Linda	35-09.25	DNF	

Women - Team Rankings - 4 Events Scored

1) Redwood	30	2) Tamalpais Track and Field	27
3) Justin Siena	25	4) Sir Francis Drake	19
5) Branson	8	5) Marin Catholic	8
7) Novato	4	8) Terra Linda	2
9) San Marin	1		

MCAL League Championship Meet - 5/11/2017 to 5/13/2017

San Marin High School

Results - Trial

....Boys Shot Put 12 lb

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Men - Team Rankings - 3 Events Scored
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1) Sir Francis Drake	41	2) Tamalpais Track and Field	27
3) Marin Catholic	10	3) Terra Linda	10
5) Justin Siena	4	6) Redwood	1